

SelfCare JUNIOR RESEARCH POSTER SECTION. *Information and guidelines for submission.*

SelfCare invites students and junior researchers to submit short communications on research projects for publication in poster format. Submissions should concern work of direct relevance to self-care and to the aims of the *SelfCare* journal as expressed in the *SelfCare* mission statement: <http://selfcarejournal.com/about.php>.

Authors should submit manuscripts organised under the headings in the table and mock up poster below. Text should be supplied as an unformatted Word document, and relevant figures and tables in jpg, Word or Exel format, using the guidance given in each section of the mock up. It is extremely important that authors do not exceed the specified word count. The journal will format the submission into the standard poster design if the communication is accepted for publication following peer review. Once formatted, the poster will be sent to the principal author as a proof for final review. The work will be assigned a citable reference and will be searchable.

SelfCare does not consider that publication of a poster in this section of the journal is an obstacle to future publication of a full manuscript, and would welcome submissions of such work for consideration. Publishers of the majority of journals other than *SelfCare* have indicated that they also would not view publication of a poster as prior publication. However, if you have targetted a specific journal for future submission of a full paper, it would be advisable to seek confirmation of their position on this issue.

When submitting a poster for publication it is the author's responsibility to ensure that the agreement of all co-authors/ collaborating groups has been obtained. Authors will be required to sign a Copyright Transfer Agreement (CTA) for all material accepted for publication. This form can be downloaded from the 'Authors & Reviewers' tab on the journal website.

Submissions should be made by email to: editor@selfcarejournal.com.

Section Titles	Word Count Guidelines	Commentary
Authors	na	List the author(s) with degrees, title, organization, street address, city, state or province, postal code and country. Identify the corresponding author, including telephone number, fax, and email address.
Key words		List 3-5 key words, which might be used by someone searching the web for information about the field of endeavour encompassed by the research.
Introduction	200	Be succinct. Include references. Include a statement of the research question or hypothesis.
Methods	175	Include what analytical test methods were used; state whether or not the research was undertaken under an approved IRB application.
Results	250	It is preferred that the Results section be mainly figures and tables. See below for specifications. NOTE: <ul style="list-style-type: none"> • Each figure and table must have one or two statements that succinctly summarizes the main point shown by the table in relation to the research question you are asking. • Each figure and table must have a legend. • If a p value is shown in the figure or table, then describe the statistic in the legend (e.g., Fishers Exact Test, t Test, z test for proportions etc.)
Discussion	200	Succinctly describe the implications of the findings.
Limitations	100	State 1-3 limitations of the study with a statement of how some aspect of the design or analysis mitigated the impact of each limitation.
Conclusion	75	State major conclusion(s) only, and these conclusions must relate to the research questions stated in the Introduction
References	na	Not more than 10 references
Acknowledgements	50	One succinct statement of gratitude, as applicable, for those who contributed to the research.

If you would like any further information, please email us at editor@selfcarejournal.com.

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Author(s) with degrees, title, organization, street address, city, state or province, postal code and country.

Identify the corresponding author, including telephone number, email address. SelfCare citation ref: *SelfCare2012;vol(issue):page-poster no.*

INTRODUCTION

Be succinct. Include references. Include a statement of the research question or hypothesis. Bulleted points or paragraph formats may be used – 200 words. *Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est dolor in reprehenderit.*

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METHODS

Include what analytical test methods were used; state whether or not the research was undertaken under an approved IRB application – 175 words. *Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est dolor in reprehenderit.*

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RESULTS

It is preferred that the Results section be mainly figures and tables.

NOTE:

- Each figure and table must have one or two statements that succinctly summarize the main point shown by the table in relation to the research question you are asking.
- Each figure and table must have a legend.

If a p value is shown in the figure or table, then describe the statistic in the legend (e.g., Fishers Exact Test, t Test, z test for proportions etc.)

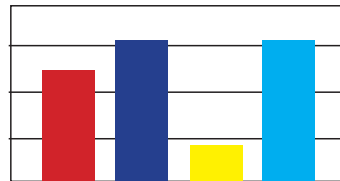


Figure 1. Lorem ipsum dolor sit amet, consectetur.

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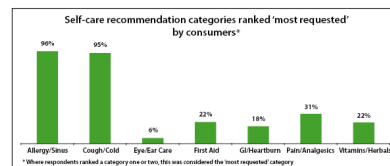


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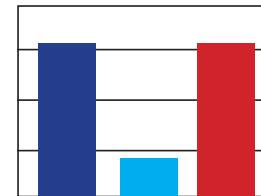
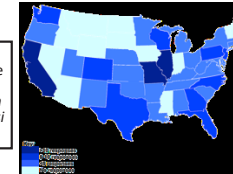


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Figure 5. Lorem ipsum dolor sit amet, consectetur.

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DISCUSSION

Succinctly describe the implications of the findings. Bulleted points or paragraph formats may be used – 200 words. *Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est dolor in reprehenderit.*

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LIMITATIONS

State 1-3 limitations of the study with a statement of how some aspect of the design or analysis mitigated the impact of each limitation – 100 words. *Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est dolor in reprehenderit. Consectetur adipiscing elit.*

CONCLUSION

State major conclusion(s) only, and these conclusions must relate to the research questions stated in the Introduction – 75 words. *Consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute. Consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ul.*

ACKNOWLEDGEMENTS

One succinct statement of gratitude, as applicable, for those who contributed to the research – 50 words. *Consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute.*

REFERENCES

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